

Lord Beaverbrook High School – School Council Meeting

Agenda – Tuesday January 21, 2025 at 6:30pm

Meeting held In Person and Online via Microsoft Teams

1. Call To Order

- a. Fourth LBHS School Council meeting for the 2024/2025 school year

2. Welcome and Introductions

a. Land Acknowledgement

In the spirit of reconciliation, we would like to acknowledge that we live, work and play on the traditional territories of the Blackfoot confederacy, which includes the Siksika, the Piikani, and the Kainai. We also acknowledge the Tsuut'ina and Stoney Nakoda First Nations, the Metis Nation (Region 3), and all people who make their homes in the Treaty 7 region of Southern Alberta.

b. LBHS Procedural Items

All parents/guardians of LBHS students are automatically voting council members; we strive to have meaningful involvement by all members of our school community and to advise and consult with the Principal on matters relating to the school. This creates an opportunity to connect with school administration for a deeper understanding of school events, decisions and future planning. We are all here for student success! LBHS School Council is not a fundraising entity.

Housekeeping items: in-person attendees – please turn your cell phone on silent mode and on-line attendees - please remain muted and only unmute if you have questions or would like to share as part of the discussions; to vote on items this evening, turn your camera on and raise your hand

c. Introduction of guests & Executive Members

Take attendance (names of in-person & on-line attendees)

Trustee – Nancy Close

Principal – David Sparrow

Vice-Principals – Michele Konschuh, Michelle Finley, Jovan Vujinovic

Chair – Brenda P.

Vice-Chair – David J.

Secretary – Kathleen R.

Grade 10 rep – Matthew I.

Grade 11 rep – Brenda M.

Grade 12 rep – Leane B.

Music Parents Association Rep – Jennifer B.

Key Communications – Brenda P. / Leanne B.

Director-at-Large – Jenn S., Laura B., Jaki S., Shawna A.

Community Representative – Corry P. (two positions vacant)

Volunteer Coordinator - Vacant

d. Verification of quorum

Principal and Chair (or acting representatives) are present, majority of attendees are parents (not school staff)

3. Review of Agenda, including addition of any items (motion to accept)

4. Approval of Last Meeting Minutes (motion to accept)

- a. November 19, 2024 (circulated in advance by email and posted on the school website)
- b. Business arising from minutes

5. Principal's Report

- a. Semester 1 – final exams & Success-in-Learning coming to a close; First day Semester 2 Tuesday January 28
- b. LBHS Open House – Thursday January 23 (self-guided tours 6-8pm / student-led tours 6:30-7:15pm)
- c. Transportation update – additional bussing resources from City of Calgary?
- d. Personal Mobile Devices / Social Media policies finalized
- e. School Trips Spring of 2025 (Sailing, Bamfield)
- f. Sports
- g. Student Advisory Council
- h. Wellness Committee
- i. Other (therapy dog visit (January 17), security breach PowerSchool)

6. Focus Item – Engagement at LBHS

- a. Increase meeting participation/engagement
- b. Fundraising communication for all school groups and trades fee-for-service
- c. ASCE Grant \$500 / Collaboration with feeder schools
 - Guest Speaker, Connie Jakab, confirmed
 - When/Where: Tuesday February 18 at 6:30pm in-person LBHS Auditorium
 - Auditorium booked to accommodate a large audience
 - Extend invitation to parents/guardians, LBHS staff, feeder schools (via Administration feeder school contacts (Admin Team) and feeder school School Councils (LBHS School Council), other?
 - Set up pre-registration link in communication materials (collaborate with teacher Mr. Ryan Morozoff)
 - Topics Connie Jakab plans to cover:
 - Why normal methods we use to help our kids with anxiety, depression, ADHD and opposition don't work
 - The 5 Steps to the Bravely Connected Method
 - How to take care of yourself while you're working through issues with your child

Bio: Connie Jakab is a Speaker, Author, and founder of Bravely Connected Schools. She has been working in mental health and resilience for over 25 years in schools, researching how to bring students falling through the cracks closer. She is also the author of the Bring Them Closer series for parents and educators, and the North American Consultant for Loving Our Students On Purpose Philosophy, bringing a culture of connection, responsibility, and joy to schools. Connie has enjoyed working with districts such as the Surrey School Board to bring a sustainable approach to social/emotional learning and wellness in schools.

7. Save the Date!

- a. Guest Presentation – Supporting Student Wellness in Grief by Linita Mathew
 - Wednesday January 22 from 7-8pm at Wilma Hansen School Learning Commons
 - This session will define student grief, discuss the effect of trauma on the brain and learning, and provide parents with examples of how they can support youth in times of grief
- b. Guest Presentation – Connie Jakabs
 - Tuesday February 18 from 6:30-7:30pm at LBHS Auditorium
 - Don't miss this parent night where you will learn the Bravely Connected Method that is CHANGING THE GAME for parents being able to help their children through anxiety, depression, opposition, & ADHD
- c. Free CBE Health & Wellness Series - Webinars
 - Pre-recorded sessions:
 - "Adolescent Brain Development and Navigating Parent-Teen Relationships"
 - "Screen Time: The Good, The Bad, The Ugly"
 - "Understanding Autism & ADHD to Promote Long-Term Success"
 - "Focused and Engaged: Finding Balance through Self-Regulation"
 - "Sleeping Your Way to Better Mental Health"
 - "Behavioural Challenges of School Aged Children"

Click this link to view pre-recorded sessions <https://cbe.ab.ca/about-us/school-culture-and-environment/health-and-wellness-in-school/Pages/child-and-youth-well-being-family-and-caregiver-series.aspx>

- d. Upcoming Job & Trade Fairs:
 - Wednesday February 19, 2025 from 6:00 to 8:00pm @ Central Memorial
 - Wednesday March 19, 2025 from 6:00 to 8:00pm @ Notre Dame

8. Music Parents Rep (Jennifer B)

- a. Highlights from Christmas Band concert
- b. Upcoming events and fundraisers

9. Grade 10, 11, 12 Parent Reps (Matt I., Brenda M., Leanne B)

10. COSC/ASCA Update

- a. ASCA Workshop (90 minutes online) – Monday February 24 – open to one executive member from each school council
- b. Next Community of School Council meeting – Wednesday April 23
- c. Invitation from Trustees to consider running for a School Trustee position

https://cbe.ab.ca/get-involved/school-councils/cbe-connections/Pages/default.aspx?utm_source=School-Messenger&utm_medium=Email&utm_campaign=School-Messenger-Connections-Jan-2025

11. New Business

12. Elections

All parents/guardians are members of School Council and are eligible to run for any executive position. Nominations with a seconder can be accepted from the floor. Motions are approved with a 70% vote. Motions are made by show of hands.

- a. Vacant positions: Volunteer Coordinator, Community Members (2 positions) / Other School Council Members (up to 3 students elected by students or appointed by the Principal, representative Acadia Community Association appointed by ACA, representative Acadia Recreation Centre appointed by ARC)

13. Next Meeting of LBHS School Council: Tuesday February 18 at 6:30pm – Special Guest Speaker Connie Jakabs (in lieu of formal meeting)

Adjourn (motion to adjourn, time)